



Brenden Raizola

Kids Coach

Blue Belt

Brenden Raizola, originally from Phoenix, Arizona was raised in South Dakota and graduated from Vermillion High School in 2012. He went on to earn his undergraduate degree in psychology before completing a Master's in Education and School Counseling from Southwestern Oklahoma State University. Brenden is a Licensed Professional Counselor (LPC) specializing in adolescent mental health and currently works full-time at a psychiatric hospital in Oklahoma City. Brenden's grappling journey began in 2008 with high school wrestling and over the years, he remained active through weight training and coaching youth sports including wrestling. His passion for martial arts reignited in the fall of 2023 when he joined Culture BJJ. Brenden was awarded his Blue Belt in July 2024 under Professor Luiz Rodrigues. Known for his passion for youth mentorship, Brenden brings a unique blend of mental health expertise and athletic coaching to the mat. He is dedicated to helping young athletes grow in confidence, discipline, and resilience both on and off the mat. Brenden lives in the Mustang area with his wife Katie and their two children, Joy and Liam.