



# Colton Ishmael

Kids Coach  
Blue Belt

Colton, a Tulsa native is a kids coach in the Culture Kids program. Growing up playing sports since he was 4, Colton found a love for Hockey at a very young age. He eventually went on to play semi-pro hockey in New Mexico and Minnesota before retiring in 2012 and moving to Oklahoma City. Colton and his son Dace both started training Jiu Jitsu around August of 2023. He enjoys helping others grow by teaching and loves being a part of the Culture BJJ family. Colton was awarded his Blue Belt in December 2024 by Professor Luiz Rodrigues. Colton is married to his wife Ariel and they have three children, Dace, River and Viviana.